

A Prayer for The Gifts of Holy Communion
when the Sacrament cannot be received
(From the Episcopal Church Armed Forces Prayer Book)

In union, O Lord, with your faithful people at every altar of your Church where the Holy Eucharist (Holy Communion) is now being celebrated, I desire to offer to you praise and thanksgiving. I remember your death, Lord Christ; I proclaim your resurrection; I await your coming in glory. And since I cannot receive you today in the Sacrament of your Body and Blood, I beseech you to come spiritually into my heart. Cleanse and strengthen me with your Grace, Lord Jesus; and let me never be separated from you. May I live in you and you in me in this life and in the life to come. Amen.