



The Beacon

South Central News Episcopal Diocese of Alaska

February 2024

Journal Resources

2024 LENTMADNESS.ORG

ROUND OF 32

FAITHFUL 4

ELITE 8

SAINTLY 16

THE GOLDEN HALO

Forward Movement
www.forwardmovement.org



SOUTH CENTRAL CONGREGATIONS

14 in all:

Four in Anchorage

One each in

- Cordova, Eagle River,
- Homer, Kenai,
- Kodiak, Palmer,
- Seward, Talkeetna,
- Valdez and Wasilla

LENT MADNESS

Join us for the fun of choosing your favorite Saint...It's not too late to join in the fun!

Go to: lentmadness.org to participate in this fun and saintly educational program.

PDF materials are available on line.

PRINT AND/OR ORDER
YOURS TODAY!





You're invited to "Zoom In" on Stories of Love as inspired by "A Case For Love" Documentary. This Lenten discipline begins on Ash Wednesday (February 14th). Participants will begin a 30 day journey of Acts of Love and reflection questions for the month.

To receive materials please register by sending an e-mail to Revkatherinehunt@gmail.com. Please reference "Stories of Love"

We will meet weekly on Monday Evenings (February 19 - March 25) at 7-8:15 p.m. on Zoom 869 3354 7439 PW: 840563



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You're Invited...

CHRIST CHURCH IS INVITING YOU
TO JOIN THEM DURING LENT.

IN PERSON: 5101 O'MALLEY ROAD
ANCHORAGE, AK 99507

OR CONTACT: The Rev. Katherine Hunt
(907)331-8349

LENT
Pray + Fast + Give

Join us Sunday mornings
9:14 - 10:14 a.m.

As we explore "The ACTS of Prayer"

Zoom: 842 6354 3152
PW: 944426

Lenten Soup Supper & Prayer in Action

Tuesday Evenings 6:30 - 8 pm

6:30 Soup Supper

7:00 p.m. - Prayer in Action

7:30 Lenten Taize Prayer Service

February 20th - March 19th

In person: Please RSVP and
sign up in the narthex to bring an item
for our simple and shared meal.


Soup/Bread/Salad/Dessert

Available on zoom -
Zoom: 898 7003 8760
PW: 239352
"bring your own soup"



2024 Lenten Gratitude Calendar for Individuals or Congregations

This year our theme for Lenten materials is *40 Days of Grateful Presence* which is a call to give thanks for the many things in our lives we take for granted. Our hope is that during the 40 days of Lent we can all use gratitude to help us be more present in our daily lives. In order to do this, we've got the following materials for individuals and congregations: The calendar below and other resources are available [HERE](#):




THE UNITED THANK OFFERING PRESENTS:

40 Days of grateful Presence

LENT 2024

TO MAKE A THANK OFFERING TO SUPPORT THE WORK OF UTO VISIT:



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THIS LENT, UTO INVITES TO YOU TO NOTICE THE LITTLE THINGS THAT MANY OF US TAKE FOR GRANTED BUT DEPEND UPON IN OUR DAILY LIVES. EACH DAY WE INVITE YOU TO NOTICE AND GIVE THANKS FOR ONE ITEM. CONSIDER THE PEOPLE INVOLVED, PERHAPS THOSE THAT CREATED IT, DESIGNED ARTWORK FOR IT, OR CONTRIBUTED TO IT.			FEB 14 ASH WEDNESDAY GIVE THANKS FOR ASHES & FIRE.	15 CONSIDER & GIVE THANKS FOR ELECTRICITY.	16 CONSIDER & GIVE THANKS FOR MEDIA -TV, PODCASTS, ETC.	17 CONSIDER & GIVE THANKS FOR LAUNDRY - SOAP, MACHINES, ETC.
18 1ST SUNDAY OF LENT CONSIDER & GIVE THANKS FOR PRAYERFUL SPACES.	19 CONSIDER & GIVE THANKS FOR BATHS & SHOWERS.	20 CONSIDER & GIVE THANKS FOR CLEAN TEETH - TOOTHPASTE, DENTIST, ETC.	21 CONSIDER & GIVE THANKS FOR THE ABILITY TO CHECK THE WEATHER.	22 CONSIDER & GIVE THANKS FOR CARING FOR A PET OR ANIMALS IN YOUR YARD.	23 CONSIDER & GIVE THANKS FOR THINGS THAT HELP YOU SEE.	24 CONSIDER & GIVE THANKS FOR CRAFTS & HOBBIES YOU ENJOY.
25 2ND SUNDAY OF LENT CONSIDER & GIVE THANKS FOR PASSING THE PEACE.	26 CONSIDER & GIVE THANKS FOR YOUR TO DO LIST.	27 CONSIDER & GIVE THANKS FOR DISHES & THE ABILITY TO CLEAN THEM.	28 CONSIDER & GIVE THANKS FOR THOSE WHO TAKE CARE OF YOUR TRASH.	29 CONSIDER & GIVE THANKS FOR YOUR BREAKFAST & ALL THAT WENT INTO IT.	MAR 1 CONSIDER & GIVE THANKS FOR PHONE CALLS & TEXT MESSAGES.	2 CONSIDER & GIVE THANKS FOR COFFEE, TEA, OR YOUR FAVORITE DRINK.
3 3RD SUNDAY OF LENT CONSIDER & GIVE THANKS FOR PARTICIPATING IN COMMUNION.	4 CONSIDER & GIVE THANKS FOR WAKING UP ON TIME.	5 CONSIDER & GIVE THANKS FOR COOKING &/OR BAKING.	6 CONSIDER & GIVE THANKS FOR PAYING BILLS.	7 CONSIDER & GIVE THANKS FOR YOUR CLOTHES AND SHOES.	8 CONSIDER & GIVE THANKS FOR YOUR LUNCH AND ALL THAT WENT INTO IT.	9 CONSIDER & GIVE THANKS FOR INTENTIONAL DOWNTIME ACTIVITIES.
10 4TH SUNDAY OF LENT CONSIDER & GIVE THANKS FOR ONLINE CHURCH.	11 CONSIDER & GIVE THANKS FOR MUSIC & MUSICIANS.	12 CONSIDER & GIVE THANKS FOR THE ABILITY TO RECYCLE THINGS.	13 CONSIDER & GIVE THANKS FOR YOUR FRIENDS.	14 CONSIDER & GIVE THANKS FOR MODES OF TRANSPORTATION.	15 CONSIDER & GIVE THANKS FOR BOOKS YOU LOVE & WRITERS.	16 CONSIDER & GIVE THANKS FOR A SPECIAL ITEM THAT BRINGS YOU JOY.
17 5TH SUNDAY OF LENT CONSIDER & GIVE THANKS FOR HYMNS AND PSALMS.	18 CONSIDER & GIVE THANKS FOR SOMEONE WHO HELPS YOU TODAY.	19 CONSIDER & GIVE THANKS FOR YOUR DINNER AND ALL THAT WENT INTO IT.	20 CONSIDER & GIVE THANKS FOR MAIL- THOSE WHO SEND IT & DELIVER IT.	21 CONSIDER & GIVE THANKS FOR YOUR NEIGHBORHOOD.	22 CONSIDER & GIVE THANKS FOR GROCERY SHOPPING.	23 CONSIDER & GIVE THANKS FOR TIMING OFF (SLEEPING IN STAYING UP, ETC.
24 PALM SUNDAY CONSIDER & GIVE THANKS FOR SPECIAL SERVICES.	25 CONSIDER & GIVE THANKS FOR COWORKERS OR TEAMMATES.	26 CONSIDER & GIVE THANKS FOR TRADITIONS YOU LOVE.	27 CONSIDER & GIVE THANKS FOR ANY MEDICINE YOU TAKE.	28 MAUNDY THURSDAY CONSIDER & GIVE THANKS FOR MEALS WITH FRIENDS.	29 GOOD FRIDAY CONSIDER & GIVE THANKS FOR THINGS THAT HAVE ENDED.	30 HOLY SATURDAY CONSIDER & GIVE THANKS FOR GARDENS.

HAPPY EASTER! CONSIDER & GIVE THANKS FOR THE NEW LIFE YOU SEE AROUND YOU!

UTO Lent Resources

UTO - 2024 Lenten Book Group

Looking for a way to connect with others as a part of your Lenten Discipline this year? Look no further! UTO is offering a 5-session book club on **Thanks A Thousand: A Gratitude Journey** by A.J. Jacobs. The book follows Jacobs as he decides to try and thank everyone who contributes to daily cup of coffee. This is a perfect book to explore during Lent because it can encourage us to think more deeply about the everyday items we use without really thinking about the effort that goes into creating them. We'll explore this book together and see what we can learn about gratitude as a tool for being more present in the midst of our daily routines. While reading the text prior to the meeting will enhance your experience, it is not required. Bonus, there is a TED talk with A.J. Jacobs you can watch if you don't have time to read each week. You're also welcome to attend all 5 sessions or just the ones when you're available or where a topic interests you.

[Register by clicking HERE](#)

Schedule:

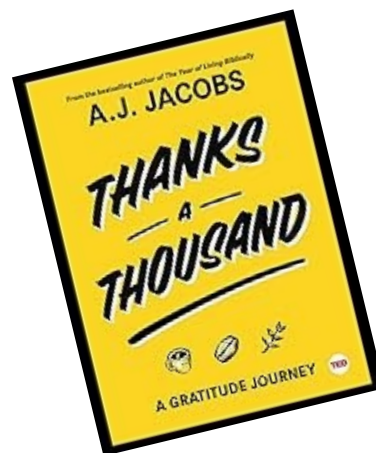
Tuesday, February 20 at Noon Eastern – Introduction & Chapter 1

Tuesday, February 27 at Noon Eastern – Chapter 2 & Chapter 3

Tuesday, March 5 at Noon Eastern – Chapter 4 & Chapter 5

Tuesday, March 12 at Noon Eastern – Chapter 6 & Chapter 7

Tuesday, March 19 at Noon Eastern – Chapter 8 & Conclusion



Celebrate Lent and Easter with Gratitude and UTO

You can make a meaningful contribution to the UTO Ingathering. For more information and resources click [HERE](#)

Christy Kinter

St. James The Fisherman,

UTO Coordinator, South Central Deanery

UTO Lent Resources